



Healthy Urban Environments Site Assessment Audit



Purpose

The Healthy Urban Environments Site Assessment Audit is an audit instrument designed to be used by practitioners and consumers.

Method

This is an **observational** audit, designed for application along a route or at a given location.

Brief description

The Healthy Urban Environments Site Assessment Audit was designed as part of National Heart Foundation's Supportive Environments for Physical Activity project. It assesses a number of elements within the physical environment including:

- Paths and verges;
- Facilities;
- Crossing the road;
- Safety;
- Impact of traffic;
- Walking conditions;

- Conditions at night;
- Pedestrian routes; and
- Access issues.

Locating the instrument

The Healthy Urban Environments Site Assessment Audit instrument can be downloaded from:

http://www.cpah.health.usyd.edu.au/pdfs/HUE_SiteAuditTool_2006-01-09.pdf

Contact for more information

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Related References and Links

Wright C, MacDougall C, Atkinson R and Booth B. 1996. *Exercise in Daily Life: Supportive Environments. Report of a National Heart Foundation Research Project funded by the Commonwealth Department of Health and Family Services.* Canberra: Commonwealth of Australia.

National Heart Foundation of Australia (Victorian Division). 2004. *Healthy by Design: A planners' guide to environments for active living.* National Heart Foundation of Australia (Victorian Division).

<http://www.heartfoundation.com.au/index.cfm?page=422>

Design for Safe and Healthy Communities: Matrix of Life Design Considerations

http://www.cpah.health.usyd.edu.au/pdfs/healthy_by_design_matrix.pdf

Living Streets

<http://www.livingstreets.org.uk/>

