



# "St Louis" Tool



## Purpose

This is a combination of a research audit tool (the analytical version) and a **practitioner and consumer** tool (the checklist version).

## Method

These are **observational** instruments with 'street segments' as the basis of the audit.

## Brief description

These tools were developed by researchers in the USA based on thirty-six existing tools. They assess information across six major areas or domains:

- Transportation environment
- Land use environment
- Recreational facilities
- Physical disorder
- Signage
- Social environment.

## Locating the instrument

The St Louis instrument (analytic version) can be downloaded from:

[http://www.cpah.health.usyd.edu.au/pdfs/Audit\\_Tool\\_Analytic.pdf](http://www.cpah.health.usyd.edu.au/pdfs/Audit_Tool_Analytic.pdf)

The St Louis instrument (checklist version) can be downloaded from:

[http://www.cpah.health.usyd.edu.au/pdfs/Audit\\_Tool\\_Checklist.pdf](http://www.cpah.health.usyd.edu.au/pdfs/Audit_Tool_Checklist.pdf)

A user friendly checklist version has been developed, although it is not as yet available on-line. To obtain a copy, contact the NSW Centre for Physical Activity and Health.

## Contact for more information

Prevention Research Centre, School of Public Health  
St Louis University  
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The NSW Centre for Physical Activity and Health  
Email: [cpah@health.usyd.edu.au](mailto:cpah@health.usyd.edu.au)

## Related References and Links

Active Living Research website

[http://www.activelivingresearch.org/index.php/Saint\\_Louis\\_University/313](http://www.activelivingresearch.org/index.php/Saint_Louis_University/313)

Browson R et al. 2004. Reliability of two instruments for auditing the environment for physical activity. *Journal of Physical Activity and Health*, 1: 191 -208

Hoehner C et al. 2005. Perceived and objective environmental measures and physical activity among urban adults. *American Journal of Preventive Medicine*, 28: 105 -116.

