

# PREMIER 'S COUNCIL FOR ACTIVE LIVING BULLETIN

## Welcome to the Premier's Council for Active Living (PCAL) Bulletin

The purpose of the bulletin is to provide people interested in promoting active living choices within NSW with relevant up-to-date news and research. The monthly bulletins will focus upon material applicable to the broad range of NSW agencies represented on PCAL and will be archived on the PCAL website at: [www.pcal.nsw.gov.au](http://www.pcal.nsw.gov.au). If you wish to receive the PCAL Bulletin please write SUBSCRIBE in the subject area and email [pcal@heartfoundation.com.au](mailto:pcal@heartfoundation.com.au)

### Jan Gehl commissioned by City of Sydney to recommend ways to increase city liveability and active living.

City of Sydney Council has recently voted to commission Professor Jan Gehl and his team to undertake a 10-month study to find ways to promote active living within the city. The eminent urban planner has performed a similar role in reshaping major areas of New York, London, Copenhagen, Oslo, Rotterdam and Stockholm. The project is considered an integral part of the wider Sydney 2030 strategy. Further information is available at: <http://www.smh.com.au/news/national/meet-the-new-mr-sydney/2007/02/17/1171405504214.html>

### Walk 21 Papers - a selection of titles from Melbourne Walk 21

Walk 21 is an international group that 'exists to champion the development of healthy, sustainable and efficient communities where people choose to walk.' A wide selection of over 30 papers from the Melbourne Walk 21 Conference held in Oct. 06 can be viewed at: [http://www.walk21.com/conferences/conference\\_papers.asp?Conference=Melbourne](http://www.walk21.com/conferences/conference_papers.asp?Conference=Melbourne). A selection of titles include; Involving trip generators to promote walking; Transport Access Guides; Perceptions of crime-related safety in suburban neighbourhoods: exploring new and existing measures to examine the influence of perceived safety on walking; Walking Groups; connecting seniors from culturally diverse backgrounds to their local area.

### Walking and public transport a natural partnership

Garry Glazebrook from UTS in one walk 21 paper highlights how in Sydney car-kilometers per person increased by 16% between 1991 and 2003, whereas the distance traveled per person fell by 3% for trains, 7% for buses and 11% for walking. This trend has also been influenced by parking availability. Travel data from Sydney shows the close links between walking and public transport, with roughly half of the kilometers walked being associated with a public transport trip. [http://www.walk21.com/conferences/conference\\_papers.asp?Conference=Melbourne&p=10](http://www.walk21.com/conferences/conference_papers.asp?Conference=Melbourne&p=10)

### Cycling success stories from the streets of London

The Times on line comments that when London's transport supremos launched the extended congestion charge zone recently, they noted in passing the dramatic increase in cyclists that the capital has seen. In the past five years, the number of people cycling in London has risen by almost 50 per cent. The Times article suggests that the modern cyclist is making an elegant and intelligent response to pollution and traffic congestion. [http://www.timesonline.co.uk/tol/comment/leading\\_article/article1415358.ece](http://www.timesonline.co.uk/tol/comment/leading_article/article1415358.ece).

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